

Miniature Hearts: Finished size: 39" x 44"

DOUBLE BIND!

BY LYNN SCHIEFELBEIN

This simple double binding technique adds an accent of color to quilts using the BERNINA® Binder Attachment #84. Start with a standard folded or French binding, add a contrasting strip and apply it to your quilt for a unique finish.

THE BERNINA® BINDER ATTACHMENT #84 IS AVAILABLE IN THREE SIZES:

20mm – 24mm (0.78" – 0.94")

- Approximate width of finished binding = 5 - 6mm (0.20" – 0.24")
- Often used for lace, sheer, and lightweight fabric
- Strips should be cut a scant $\frac{7}{8}$ " wide

22mm – 26mm (0.87" – 1.02")

- Approximate width of finished binding = 5.5 - 6.5mm (0.22" – 0.26")
- Often used for garments and medium weight fabric
- Strips should be cut a scant 1" wide

26mm – 30mm (0.94" – 1.18")

- Approximate width of finished binding = 6 - 7.5mm (0.24" – 0.30")
- Often used for home dec projects and quilts with low-loft batting
- Strips should be cut a scant $1\frac{1}{8}$ " wide



BINDING

Cut the number of $2\frac{1}{2}$ " strips needed for standard binding on the bias or straight of grain so you have enough to go around your quilt plus about 10" - 12" for mitering the corners. When piecing strips end to end, stitch together on the diagonal and trim the excess. Press seams to one side. Fold the strip in half lengthwise, meeting raw edges. Press using steam and spray starch or fabric finishing spray. This helps to pre-shrink the binding and stabilizes it to help prevent rippling.

ACCENT EDGE

Prepare the accent fabric by pressing it on the back with steam and spray starch or fabric finishing spray. Starch at least twice and press until dry.

Tip: When using spray starch, spray the back and let it sit for a few minutes before pressing. This allows the starch to penetrate the fabric and prevents flaking and build-up on your iron. Starching the back will also help the fabric roll towards the wrong side as you feed it through the binder attachment.

Cut the starched fabric into enough bias strips to match the length of your binding. Check the instruction sheet with your Binder Attachment for the appropriate width (or see above). Join the strips on the diagonal and trim the excess with pinking shears. *Tip: Trimming with pinking shears help to reduce the bulk of the seam as it feeds through the binder.*

SUPPLIES

- Fabric for quilt binding
- Accent fabric in a contrasting color to the binding
- BERNINA® Binder Attachment #84
- Binder Foot #94
- Patchwork Foot #37 or Walking Foot #50
- Edgestitch Foot #10/10C
- Multiple stitch throat plate - *not* the straight stitch plate.

Cut one end of the bias accent edging on the diagonal and feed it into the binding attachment with the right side facing away from you. You may need to use a pin or a stiletto in the slot to guide the fabric through the binder. Move the needle position 2 or 3 spaces to the right until it's just to the right of the edge of the accent bias binding. Pull the bias accent binding through the attachment and take a few stitches to start the process. Adjust your stitch length so it is between 2.5 and 3 mm. A smaller stitch length will cause the accent bias binding to ripple.



Feed the folded edge of the prepared standard binding so it is against the lip of the binder. The accent bias binding will encase the folded edge as shown in the photo. When you have finished adding the accent edge, press well again.

LYNN'S BINDER TIPS

- Check your stitching before proceeding too far and make adjustments as needed to the needle position, stitch length, and feeding of fabric.
- For best results, don't stitch too fast; an even, consistent, moderate speed works best.
- Feed the bias accent binding through the binder without any tension and do not pull it forward. It must feed at its own pace for it to properly form the bias edging.

BINDING A QUILT

Trim your quilt sandwich and square the corners with a square up. Using Patchwork Foot #37 or the Walking Foot #50, attach the prepared binding to the back of the quilt. Leave a 4" or 5" tail and start with your needle right in the corner of the quilt. Sew at a 45° angle into the quilt and pivot to sew normally at the 1/4" seam line. Stitch the binding to the side of the quilt using a 1/4" seam.



Stop 1/4" from the edge at the corner with the needle down. Pivot and sew at a 45° angle off the corner of the quilt. Fold the binding straight up, and then bring it straight down, aligning the folded edge of the binding

exactly on the cut edge if of the quilt. Restart stitching 1/4" from the edge and secure by back-stitching a stitch or two. Repeat this process for the next two corners. On the last corner, stitch to within 1/4" of the edge, pivot and stitch at a 45° angle off the corner of the quilt.

Line up the two binding tails at the corner and draw a chalk line straight up from the 1/4" pivot point. Draw a horizontal line 1/2" inch from the folded edge. Draw 45° line up and to the right from the bottom pivot point. Draw another 45° line down and to the right from the top of the binding. The two lines will intersect on the horizontal line. Sew directly on this line in a "V" starting at the pivot point and ending at the top of the binding. See inset in photo. Press flat and trim close.



On the back of the quilt, press the binding away from the quilt. Check that the seam allowance is flat behind the binding and also pressed away from the quilt.



Fold the binding to the front, extend it just beyond the stitching line and press.

Pre-fold the miter and press at the corners. Fold the right edge down first. Then fold the top edge over it, mitering the corner and matching the binding and accent edges. Continue around.

Attach the Edgestitch foot #10/10C. Move the needle 2 positions to the right. With a straight stitch between 2.5 and 3 mm, use thread to match the accent edge. Guide the bias edge so it is touching the guide on the foot and stitch the binding to the quilt on the front. Make sure you cover the previous stitching line. Your stitching should be next to the edge on the accent bias strip.



As you come to the corner, use a stiletto to hold the miter in position. Check that the bottom binding is under the side binding as you stitch into the corner. With your needle position down, stitch into the corner, stop and pivot. Continue stitching down the side and repeat the process. This will tack down the bottom corner before you stop and pivot, helping to give you a crisp corner that will match. Press when completed. *Tip: Try a decorative stitch when attaching binding to the front.*

